

BINCHE WHUT'EN HEALTH PROGRAM UPDATE

Looking Back, February 2020:

- Started February 10th (3 weeks ago!)
- Helped organize contractors to do safety checks, maintenance, and trouble-shooting on alarm system, gas furnace, and electrical system, as well as a fresh coat of paint inside and minor repairs.
- Began process of arranging information sharing, storage, and transfer of needed health files from Tl'azt'en, implementation of MOIS, the Fort St. James Medical Clinic Electronic Medical Record for more seamless client care, and Panorama, a public health medical record where immunizations and other CDC (Centre for Disease Control & Prevention) info is stored.
- Began creating new paper files for Binche clients
- Organization of Binche health centre, determining what is in storage and what is needed in terms of furniture, supplies. Office supplies ordered. Purchased items for securing medications, clinical supplies, and water sampling equipment. -Returned several Red Cross items stored in health centre.
- Creating Binche-specific Health paperwork (for charting, obtaining consent, home care, etc)
- Advertised and prepared for upcoming events: Medication Collection Day, Kidney Screening, Doctor Days, Mobile Vision Clinic
- Sharing information on facebook regarding important health updates
- Connecting with home care and other clients for walk-in and scheduled visits (Medication administration, arranging appointments, assessments, foot care, etc)
- Participated in meetings regarding health planning pertinent to Binche
- Applied for a few grants for Health

Looking Ahead, March 2020:

- Help create a community health & wellness plan (for MOU funding)
- Apply for NHA Imagine Grant
- Plan kid-friendly space, chairs for clinic seating, dishwasher for when hosting community events involving meals, washer/dryer (? in storage)
- Online Immunization Course plus 4-6 days of completing Skills Checklist and Certification with Lisa (RN in Nakazdli) to be able to provide all Binche immunizations
- Plan to purchase an immunization fridge when FNHA grant comes in (approved!)
- Start Binche Health Centre facebook page and Nurse page when mobile phones ready (unable to start new accounts without dedicated mobile #) for sharing health information, events, and for non-confidential contact for those with internet but no phone access
- March 4 Medication Collection Day in collaboration with Tl'azt'en
- March 10-12 Kidney Screening in Binche & Tache (as planned prior to my move here)
- March 24 World TB Day, creating awareness around TB and opportunity to check TB screening status and offer treatment for latent TB if needed
- Health Centre Open House

-Ongoing nursing & home support services

What I Can Offer Currently:

- Home care assessment and nursing care
- Chronic disease management
- Diabetes education/support
- Foot care
- Wound care, suture & staple removal
- Palliative care support, end of life planning
- Case management
- Coordinating assessment for long-term care
- Referrals & access to physicians/nurse practitioners, some specialists (ie psychiatry), occupational therapy, physiotherapy, counselling, victim services, shelter, safehouse, second-stage housing, Stopping The Violence support worker, Nezul Be programs, etc.
- Assistance to apply for Red Cross equipment
- Assistance navigating FNHA/NIHB coverage
- Assistance applying for Disability (PWD), Jordan's Principle
- Assistance with Treatment applications
- Harm Reduction through OAT program (suboxone/methadone)
- Mental health & wellness support
- Post-operative support
- Medication support
- Nursing assessment
- Health advocacy
- Health promotion events

Additional Services Planned (once supplies arrive and/or training received):

- Immunizations for all age groups
- Child development support (including baby visits)
- Prenatal & post-partum wellness checks, prenatal vitamins
- Pregnancy tests and family planning
- Harm Reduction supplies: clean needle & pipe packages, sharps containers, condoms
- STI screening, diagnosis, & treatment (Sexually transmitted infections such as chlamydia, gonorrhea, Hep C, HIV/AIDS)
- Communicable disease support (includes STIs but also non-sexually transmitted communicable disease)
- PAP tests and well-woman exams
- TB screening and treatment

Respectfully,

Rachel Guenther